

### DISTRICT RECOR

May 1997 Vol. 20, No. 5

### Corps Names Regulator of the Year



**Andy Commer** Regulator of the Year

NDY COMMER OF Tulsa District has BEEN CHOSEN REGU-LATOR OF THE YEAR FOR THE CORPS OF ENGINEERS. Commer was presented the Dan Lawyer Award at the biennial National Regulatory Conference in Santa Fe, N. M.

According to the plaque,

"The Dan Lawyer Award recognizes an outstanding Corps regulator who is reasonable, decisive and timely, and who projects a positive and professional image of the Corps. The regulatory de-

cisions made demonstrate a balanced approach of protecting the environment and authorizing needed development."

During the past year, Commer has served on two national task forces and taught in a wetland delineation course in addition to his normal duties as a regulatory project manager in Regulatory Branch, Operations Division. One task force inI'm proud to have him on my team. I'd go to war with this guy.

David Manning, chief

**Regulatory Branch** 

Corps, the Environmental Protection Agency, the Natural Resources Conservation Service and the Fish and Wildlife Service. Of being named Regulator of

tory program. The wetland

course was a joint project of the

the Year, Commer said, "It was a shock, and I was humbled.

There are a lot of good people out there in the program." He says his work in the Regulatory Branch gives him the opportunity to do something good in terms of the environment, and that he en-

> joys the challenges, the diversity and the biology.

> David Manning, chief of the branch, nominated Commer for the award, and says the national recognition is an honor for both the district and Southwestern Division. He says Commer has done a lot of outstanding work and is viewed by his peers as an excellent co-worker. He sums

up his respect for Commer when he says, "I'm proud to have him on my team. I'd go to war with this guy."

volved developing regulations for the administrative appeal process and the other dealt with performance measures in the regula-

# Colonel's



Col. Timothy Sanford District Engineer

## From Vision Comes Action

T. GEN. BALLARD HAS SET THE COURSE FOR THE CORPS OF ENGINEERS WITH HIS VISION AND THE ACCOMPANYING CORPS PLUS MASTER STRATEGY. Everyone in the Corps from the headquarters staff to the division and the district is determining how to make this vision a reality. I think the key lies in each of us developing a commitment to the three elements of the master strategy: Revolutionize Effectiveness, Seek Growth Opportunities, and Invest in People.

We are doing many things in the district which support the Corps master strategy. I am extremely pleased with the ever-improving manner in which we serve customers. We truly have delighted customers because we are listening, asking tougher questions than they do about our support, and demanding more of ourselves than our customers do. By your actions, not just words, you are *Creating Satisfied Customers*.

Initiatives internally to partner between divisions and offices to improve support and efficiency reflect this. Our ever-closer relationships with directors of public works and base civil engineers at military installations are part of this effort. Increasing contacts with congressional offices, local communities, and the multitude of customers around our lakes are all part of the outstanding ef-

forts you are making every day to improve customer support. These are all part of *Revolutionizing Effectiveness*.

Growth is especially challenging at a time when our budgets are shrinking, our customers' budgets are reduced, and the trend is toward a smaller federal government. We have a critical mission to accomplish in serving the nation in peace and war. We must maintain skills and talents which will meet the nation's needs in Bosnia, during disasters such as hurricanes and floods, and also keep the commerce of the country competitive through efficient operation of navigation systems, provide quality water to the nation, and support commanders at military installations across the country as they work to accomplish their missions. We need to be looking for and ready to seize opportunities to help other federal agencies by eliminating redundant capabilities – why should two organizations maintain the same capabilities when one could support both? Our marketing plan is aimed at finding these kind of opportunities. We all need to look for places where our skills and capabilities can be applied for a net savings in manpower and resources for the federal government or where we can help a state or

local government extend their resources and capabilities to better serve their constituents. *Seeking Growth Opportunities* isn't necessarily getting bigger. It represents sustainment of capabilities critical to serving the nation as our traditional workload diminishes. We do it for the good of the nation, and not at the detriment of private enterprise or any other federal or state organization.

Smaller organizations which are seeking to Revolutionize Effectiveness and maintain mission capabilities by seeking growth opportunities must have workforces which are well trained. Maj. Gen. Fuhrman pointed out in his recent town hall meeting that voluntary downsizing has resulted in many "round pegs" in "square holes." We have a talented and dedicated workforce, but some of our skills may not exactly match our jobs. Our people are our credentials. We must Invest in People if we expect to be successful in making our vision a reality. We have been working to better focus training so we spend our money on the highest value return. We are working to bring more training to the district rather than sending a few people to remote sites to train. These are efforts we must continue and expand upon.

The district is just completing its Operations Plan which spells out how we will execute our mission in line with Lt. Gen. Ballard's Vision and the Corps Plus strategy. I will discuss our plan during a town hall meeting this month.

The Tulsa District and the Southwestern Division are leading the way in the Corps when it comes to *Revolutionizing Effectiveness*. We will do the same in *Seeking Growth Opportunities* and *Investing in People*. I ask each of you to make a personal commitment to keep your focus on these strategies as you continue

See Action, page 5

Tulsa District Record: Contributions of articles, graphics and photographs are encouraged. All manuscripts are subject to editing and rewriting.

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Digital image by Rick West, Fort Sill Area Office

**Environmental Training Center, Fort Sill, Oklahoma** 

### **From Contract to Customer**

Rick West, Assistant Area Engineer Fort Sill Area Office

HROUGH USE OF A DESIGN-BUILD CONTRACT, THE NEW ENVIRONMENTAL TRAINING FACILITY AT FORT SILL WENT FROM CONCEPT TO COMPLETION IN LESS THAN 15 MONTHS. The "singular responsibility" afforded by this method contributed significantly to the construction of a world class facility.

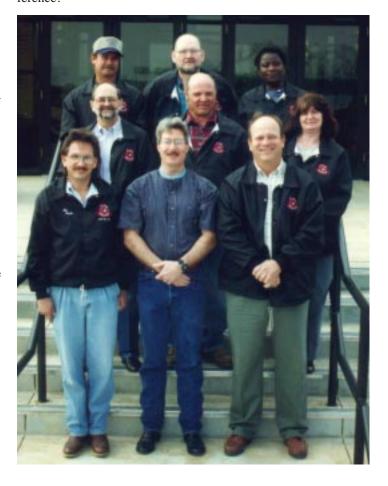
The facility's "punch-bowl" like shape is patterned after the open stone colosseum just to its south. Building colors and architecture are also patterned after other buildings of historic significance in the area.

The building's interior is filled with warm tones and rich oak accents. The interior layout is not only functional but is also very flexible through use of moveable partitions and carefully placed video monitors. A delicate balance of both natural and artificial lighting is maintained throughout, and the acoustics and sound system are excellent.

Although rewarding, the project was not without challenges. These challenges were overcome only through active involvement and coordinated efforts by all key stakeholders. These were the contractor, Carothers/Komatsu-Rangel; the Directorate of Environmental Quality; the Directorate of Public Works; and the Fort Sill Area Office staff. This teamwork culminated in "the right things being done" as well as "things being done right."

Fort Sill Area Office's "F-Troop" pose in front of the new Environmental Training Center. Pictured left to right are, front row, Jim Snyder, Rick West, Steve Arant. Middle row, Dennis McCants, Ernie Miller, Helen Jackson. Top row, James Ritter, Dave Crawford and Connie Cone. Absent from the picture is Dennis Hergenrether.

The official ribbon cutting for the new facility was April 28. Special thanks to the Tulsa District Team for contributing to the successful execution of this project. People truly make the difference!



# Annual Winners Named at Women's History Program

Rosemary Capshaw Federal Womens Program Coordinator Equal Employment Opportunity Office

ongratulations to the Woman of the Year and Administrative/Clerical Support Employee of the Year nominees. All of the nominees have shown a great deal of dedication and hard work, and we are very proud of them.

The Women of the Year are: Janet McCormick from the Installation Support Section, Design Branch, Engineering and Construction Division; and Jonna Polk, Civil Works Branch, Programs and Project Management Division.

The Administrative/Clerical Support Employees of the Year are: Lori Hunninghake, Programs and Project Management Division; and Brenda Kinion, Regulatory Branch, Operations Division.

Sharon Blackwell, field solicitor, Tulsa Field Office, U.S. Department of the Interior, was the guest speaker for the program.

Woman of the Year Nominees: Janet McCormick, Installation Support Section, Design Branch, Engineering and Construction Division; and Jonna Polk, Civil Works Branch, Programs and Project Management Division.

Administrative/Clerical Support Employee of the Year Nominees: Penny Huston, Contract Administration Branch, Engineering and Construction Division; Lori Hunninghake, Programs and Project Management Division; Brenda Kinion, Regulatory Branch, Operations Division; Becky Northern, Environmental Analysis and Support Branch, Planning Division; Lawanna Penny, Hydrology and Hydraulics Branch, Engineering and Construction Division; Mary Sue (Susie) Ross, Eufaula Project Office, Operations Division; Connie White, Technical Support Branch, Operations Division.



Janice Orvis

Jonna Polk, Civil Works Branch, Programs and Project Management Division, was named a Woman of the Year at the annual Women's History Program.



**Angie Short** 

Lori Hunninghake, Programs and Project Management Division, was chosen as one of the Clerical/Support Employees of the Year.



**Angie Short** 

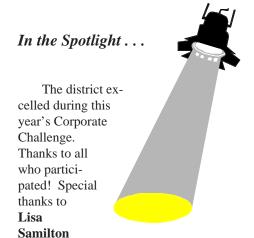
Janet McCormick, left, and Brenda Kinion look over one of their plaques. McCormick, of Design Branch, Engineering and Construction Division, was named a Woman of the Year, and Kinion of Regulatory Branch, Operations Division, was chosen as a Clerical/Support Employee of the Year.

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### . . . Action

from page 2

to *Deliver Quality Products and Services* to your customers every day!



and **Loretta Turner** for heading up the gigantic effort and to Pam Shelton for, once again, managing to get all the contestants fed. Final results weren't yet available for me to put in this column, however, we do know that our Corps team brought home 27 individual and six team awards. A great showing!!

Tulsa District Office noted Earth Day this year with a short program and a couple of clean-up projects. Thanks to all who took part, especially those who spent their afternoon picking up litter. I also want to commend each of you who participates year round by contributing to the district's recycling program. It pays big dividends – both in money for us to use for our own enjoyment and in a cleaner environment. If you don't already recycle, now's the time to start.

I want to commend the Longhorn Army Ammunition Plant Team for their recent success in executing this customer's challenging mission. Cliff Murray, Jim Martell, Brad Hull, Jimmy White, Dave Harder, Terry Rice, Arlene Smith, and Yolane Hartsfield created a delighted customer by getting two significant projects, worth \$5.23 million, under contract in a mere two weeks. Had they failed to meet the tight time schedule, Longhorn would have had to wait until FY98 or FY99 to accomplish this work. A superb job!!

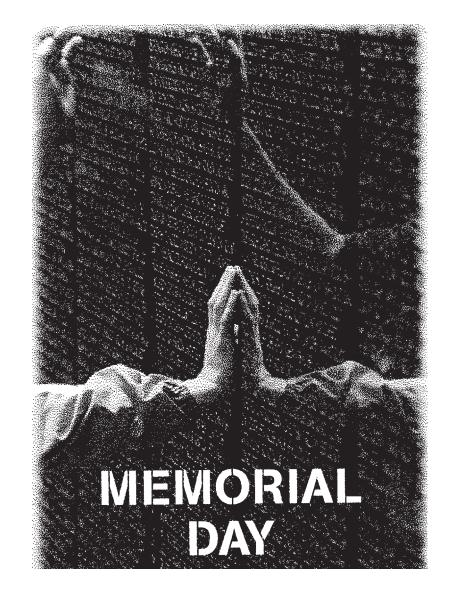
We celebrated "Take Your Sons and Daughters to Work Day" on April 24. It was great to see so many of our children spending the day with parents at work. I commend all of you who took advantage of this opportunity. Thank you to Cathey Williams, Lucy Spaulding, Jerry Van Hoozer and Patricia Lutz for organizing the events and to those who, along with Cathey, took part in the program: Barbara Cravens, Marc Masnor, Blake English, Ben McKee and Robert Jobson.

During December 2-15, part of Altus Air Force Base's main taxiway was shut down for pavement replacement as part of the KC-135 Apron Hydrant project. Due in part to the outstanding efforts of **Capt. Bud Jones**, project engineer, and **David Tighe**, construction representative at the Altus Resident Office, the work was done in only 14 days. A great deal of coordination, problem solving and contractor oversight were needed to get this work suc-

cessfully done within the available time the taxiway could be shut down. Another superb example of exceptional customer support!

I want to commend The Operations Division for the outstanding Managers Conference they conducted April 15-17 at Broken Bow Lake. This was a superb program aimed at better ways to do business, better use of the resources we have at our lakes to accomplish all the district's missions, and team building. Representatives from most divisions within the district, from SWD, from our sister districts within SWD, and from USACE HQ attended the conference, and took advantage of the opportunity to develop stronger teams, to build a One Corps focus, and to serve our customers more effectively. Bill Barnhart and his team supported this conference superbly!! Job well done by all!

Essayons!!



Civil Works Director Visits – Maj. Gen. Russell Fuhrman, headquarters' director of civil works and executive director of the Inland Waterways Users Board, visited Tulsa District in April. While here, he was briefed on district programs, particularly its civil works projects. He held a town hall meeting, and attended the Inland Waterway Users Board meeting. He is shown here at a reception held at the Port of Catoosa. Col. Sanford is pictured in the background.





Cooley Creek Checked Out — As part of the Southwestern Division Command Inspection held in March, safety aspects at all the working Mingo Creek area projects were reviewed. This photo shows inspectors at the Cooley Creek Phase I project.

Change of
Command —
Michael Diehl,
administrator,
Southwestern
Power Administration, and
president of the
Tulsa Chapter,
Federal Executive Association, presents a



Lt. Col. Thomas Frendak

plaque to Col. Timothy Sanford recognizing his accomplishments as the past chapter president.



**Courtesy of Fall River Project Office** 

Tainter Gate Painting – The Operations and Maintenance crew at Fall River Dam works on top of the tainter gates. Facing the camera is Terry Harrell. Gale Puckett has his back to the camera, and Lee Maurer is on the bridge.

### Yikes! Things That Sting and Bugs That Bite

Judy Barker, Safety Office

LWAYS BE AWARE OF RISKS POSED BY STINGING INSECTS, SPIDERS, TICKS AND SNAKES. Stinging insects accounted for a large number of worker-compensation claims last year.

Even workers who are not allergic to bee or wasp stings can develop secondary infections from them. An attack by a swarm of stinging insects can be lethal if a person receives enough poison. Workers who are allergic to bee stings can experience anaphylactic shock. Death can result from a single sting.

Tick bites can cause Lyme disease or Rocky Mountain spotted fever, both potentially fatal. Don't let the names fool you; although both diseases are named for specific locales, their incidence is widespread. North Carolina accounted for the greatest number of cases of Rocky Mountain spotted fever in the United States; there were 88 deaths in 1994.

The bites of poisonous spiders such as the black widow and brown recluse rarely

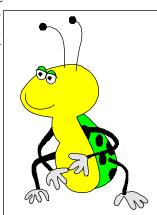
kill healthy adults, but can cause severe illness and tissue damage. Likewise, rattlesnake bites can cause a great deal of pain. Coral snakes, found primarily in the tropics and the southern United States, release a neurotoxin that can paralyze the victim's respiratory system and possibly cause death.

Personal protective equipment for workers who may be exposed to such perils in-

- Insecticides and tick repellent
- Heavy jeans and boots that cover the ankles and can protect against snake bites
- A first-aid kit that contains two or three epinephrine pens, self-administered shots of adrenaline to counter the potentially fatal effects of a bee sting to an allergic worker
- Long-sleeved shirts, gloves and hats that can keep ticks from lodging on the

Additionally, workers should not reach into cool, dark places where spiders live, under or behind rocks where snakes often lie or anywhere they can't see. Be aware of the potential for stinging-insect nests, and don't work alone in areas where nests may exist. The buddy system can save lives when workers are overcome by swarming insects. Employees need to examine their entire bodies with a mirror or with someone

else's help so they can look for ticks after each day in the field. Chances are a worker won't notice the actual bite.



### Happy Birthday!



I wish . . .



Cake, anyone?

On Jan. 8, Col. Timothy Sanford, district engineer, visited Waurika Project Office where they had a surprise birthday cake awaiting him - and snow (to remind him of Wisconsin).

Photos courtesy Waurika Project Office

### **Personnel Notes**

### March Hello

Timothy Adkins, OD, Waurika Project Office William Cantrell, OD, Hugo Project Office Gregory Cook, OD, Hugo Project Office Curtis Hinkle, OD, Oologah Project Office William Jeffries, OD, Keystone Project Office Lynn Johnson, OD, Waurika Project Office Lee Maurer, OD, Fall River Project Office Grace McMahan, OD, Ft. Gibson Proj. Office Timothy Mowdy, OD, Keystone Proj. Office

### Goodbye

Shannon Koeninger, EC, Geotechnical Branch Leann O'Rourke, RM, F&A Branch Patricia Rush, EC, Contract Admin. Branch

### **Promotions**

Dan Bentley, OD, Tenkiller Project Office Nancy Crenshaw, RE, Planning & Control Br. Carolyn Daniel, CT, Industrial Relations Br. William Freeman, IM, Automation & Comm. Ruth Fritz, RM, Budget and Manpower Br. Joel Fuchs, RE, Planning and Control Branch

William Graham, EC, Geotechnical Branch James Harris, OD, Texoma Project Office Joyce Heim, RE, Planning and Control Branch Boris Hernandez, EC, H & H Branch Everett Honeysuckle, OD, Texoma Proj. Ofc Marsha Howe, RE, Acquisition Branch Lori Hunninghake, PP David Jones, EC, Geotechnical Branch Bill Kilpatrick, OD, R. S. Kerr Project Office Devin Knight, RM, F&A Branch Clarence Lowe, OD, Texoma Project Office Patricia Lutz, OD, Readiness and Security Br. Robert McCollum, PP, Military/Enviro. Br. Jane Noble, OD, Oologah Project Office Phil Orsburn, LO, Supply Branch Kristopher Patton, OD, Texoma Project Office Wayne Peck, OD, R. S. Kerr Project Office Bobby Perryman, OD, Texoma Project Office James Puckett, LO, Supply Branch Christine Roye, RM, Budget & Manpower Br. Angie Short, IM, Support Services Branch Lori Thomas, EC, Design Branch Loretta Turner, EC, Design Branch



### Recycling **Results**

### March 1997 Savings

KWHs of energy

33,404.75

Gallons of water 57,032.50

Cubic yards of landfill Pounds of air pollution 488.85 Month Trees Tons of **Amount** Saved **Paper** Made Jan. 160 9.4 \$187.25 Feb. 130 7.6 139.25



### From the Mail



May 5-11 Public Service Recognition Week June 1-30 Savings Bond

June 13 Corps Day

Campaign

Creek, Fort Gibson Lake

Aug. 9-10 Drag Boat Race, Pryor

Sept. 16 Combined Federal Campaign

Sept. 27 Second Annual National Hunt-

Tenkiller Lake

Decorations

ing and Fishing Day at

Oct. 10 Headquarters Building Autumn

Oct. 16 End-of-Year Closeout Picnic

Sept. 11 Retiree Breakfast

begins

Sept. 12 Day of Caring

### To Col. Sanford from Marie K. Moran:

I would like to thank you for selecting my science fair project, Paramagnetic Oxygen Enrichment, as winner of the award offered by the Society of American Military Engineers at the Tulsa Regional Science and Engineering Fair.

I really appreciate receiving the certificate as well as the soft-sided briefcase. I have learned a great deal from the research and experimentation involved in my project, and I appreciate being recognized for my work.

139 8.2 114.20 Mar. Totals 429 25.2 \$440.70

### **Condolences**

To the family and friends of David K. Craig, retired deputy district engineer and former chief of Office of Administrative Services, who died March 20. Craig retired from the active Army as a lieutenant colonel, then served Tulsa District as the chief of OAS where he managed the district's logistics functions as well as the library and reproduction and graphics.

To Rick Thomas of PPMD on the March 25 death of this father, Harold Thomas

## etiree Lesponses

Editor's note: We asked retirees to share news of their lives now or memories of their time in the district. Here are some of their responses. More will be printed in future issues.

I remember when the credit union started, in a cigar box by Joe Schwartz. Kenneth Scott, Rose, Okla.

I really enjoyed working for the Corps of Engineers prior to retirement. Harold Bowers, Marion, Kan.

Just keeping busy since my husband of 55 years, Benjamin F. Davis, died December 15, 1993.

Mary Lou Davis, Eufaula, Okla.

Every day is Saturday, but I do miss the Monday holidays.

Paul Mace, Mannford, Okla.

Years working in the district and the association of the people, office and field. Merle Langdon, Wichita, Kan.

I enjoy reading the Tulsa District Record. I'm always interested in what goes on with the Corps. Since retirement, I've been active with my songwriting and made a few trips to Nashville. Finally got a few songs published.

I'm doing some work with my home studio, and playing with a four-man band in Tulsa and surrounding towns. I've been president of the Tulsa Songwriters Association for the last year, and that has kept me very active.

So, retirement is a busy time for me but I'm enjoying every minute of it. I'll always cherish the memories with the Corps.

Don Blevins, Cleveland, Okla.

I have worked at the University of Tulsa for over four years as a project engineer and computer network administrator. I am currently designing structural and site facilities for a new parafin deposition joint industry research project. This work has afforded me some travel to Canada and Norway over the past year.

### The Creature of Keystone Lake

A very short story by Jacob A. Towe, 13-year-old son of Burgin Towe, Operations Division

It was a warm, dark night when I was walking along the water's edge at Keystone Lake. I heard a rustle near the trees. So I went over to see what it was. Whatever it was woke up, raised its long neck above the trees, and looked down at me. It looked at me with huge green eyes and a twisted smile. I moved back as the circular, domed body ambled past. As it went past I touched it and to my surprise it didn't care. It was silky, damp and oily to the touch. As it slithered into the lake I saw its monstrous body with four huge flippers go in with a swish and a flick of the tail. As I watched the grayish body gracefully dive, he looked back at me and gave a low moan as if to say goodbye. Now, every time I go to Keystone Lake at night, I look and wait for the monster but he doesn't come. I know he's down there. I just wonder where.

Tulsa District Record May 1997 I also enjoy having a pretty hot Macintosh computer along with plotters, printers, scanners and modem. I have enjoyed having full (and fast) internet access. Check out our home page at ffp6@centum.utulsa.edu

### Jerry Wilson, Sand Springs, Okla.

I can no longer travel due to the fact my wife has Alzheimers and has been in a nursing home for 29 months.

I enjoyed working for the Corps the many years that I worked in the Tulsa District and all the different projects I worked at. I was at the Fall River Project after I returned home from the Marine Corps; later, I was transferred back to Texoma Project.

### Ralph Williams, Denison

Enjoying my retirement, doing the things I really enjoy doing (working, traveling and some loafing) when I can find the time.

### Frank Weatherford, Sallisaw, Okla.

Dollie and I plan on a trip in 1997 to Alaska (on a cruise ship) to view the glaciers.

Jack Lane, Tulsa

We have been traveling in our motor home. We spent last winter in Tucson with the added bonus of being with our two oldest sons and their families.

Came home for four months, and went to Glacier National Park, Crater Lake and other places along the way.

We will be in Tucson again this winter, and are planning next summer's trip. Retired life is great!

### Shirley Lancaster, Sapulpa, Okla.

I retired from Southwestern Division Office seven years ago, and live in Richardson, Texas. I worked 10 years in the Tulsa District, and enjoy reading about the employees and retirees there. Keep me posted.

### Mark King, Richardson, Tex.

Since retiring in December '94, I have found a multitude of activities to keep me busy – geneaology research, woodworking, vegetable gardening, volunteering regularly (weekly) at church, helping neighbors, etc. I don't know how I had time to work!!

Good luck and continued success to the fine folks in the Tulsa District!

Joe Jones, Tulsa

I look forward to receiving the *TDR*! Sometimes it mentions someone I worked with in the '60s or someone my husband, Frank, worked with in the '50s and '60s, or Keystone in the '70s and '80s. Of course, it often says they have died, but at least I don't wonder what happened to Ray Brayless, Bob Sutter, Mr. Cornell and Mr. Myers. It is called "keeping in touch!"

### Evelyn Johnson, Yukon, Okla.

Since retiring, I have found time to do things that I have put on hold. I've bought a business, and enjoy my granddaughters. My wife and I travel and work on projects at our church.

### Sammy Johnson, Eufaula, Okla.

Disappointed the barge trip was discontinued this year!

### Maurice Johnson, Park Hill, Okla.

I lost my wife, Virginia James, after 53 years of marriage and 17 years retirement on Sept. 18, 1996, from heart trouble.

Thanks for all the prayers and cards.

George James, Denison, Tex.

Enjoying it very much. Go to Mississippi every month to gamble. Have won new car.

### Robert Israel, Spiro, Tex.

I'm busier now than when I was working doing all those things I didn't have time to do then. I'm president of UMW, vice president of my garden club and treasurer of the Senior Citizens Club of Guymon.

In my spare time, I read, crochet, knit and make quilts. Have fond memories of my working days at Optima Lake.

### Darlene Hood, Guymon, Okla.

I traded my snow tires for the warm and cozy shores of Florida. I sure do miss all my friends and coworkers at the old R. S. Kerr Area Office.

### Virginia Herron, Lake City, Fla.

I retired in 1976 at Kaw Dam. Started at Eufaula in 1960, then to Kerr, then to Kaw. Worked with wonderful people.

Sure enjoy traveling and Friday night high school football games and basketball.

Earl Harrison, Oklahoma City, Okla.

I enjoy getting together and visiting with the ones I used to work with before my retirement.

### H. T. Henderson, Pawnee, Okla.

I have many fond memories of working for the Corps. What still impresses me was the high morals among those I worked with.

### **Emmett Graves, Tulsa**

Ater nine years of retirement, I am still extremely proud of Tulsa District, but ODOT is extremely tired of hearing me tell them the way you do things.

### Weldon Gamel, Tulsa

Visited with some of Larry Dearing's crew and himself recently, and it was a pleasure to see them again. They are a good bunch.

### C. W. Galloway, Locust Grove, Okla.

Keep up the FABULOUS job of keeping us old retirees informed. Since I've retired, I've been on three vacations – two with my loving wife, Susan.

### Joseph Rolinski, Tulsa

After what the Corps has put me through to get my retirement going, I don't think you would want to print it. Retired not once but they made it twice, and problems both times.

### Elder Norrell, Mannford, Okla.

My wife and I, along with all of our children, most of our grandchildren, family, friends and neighbors celebrated our 50th wedding anniversary in July.

I keep busy by bicycling, teaching science enrichment in two elementary schools, meals on wheels and church.

### Loren Mosier, Claremore, Okla.

Since retiring, my wife and I have traveled over quite a lot of the United States, gone on cruises, and toured several foreign countries. Also, we have volunteered our time to help build Habitat for Humanity houses.

Virgil Morrow, Tulsa

# Corporate Challenge as a men de continue d

Bobby Williams, far left, retiree, and John Conner, in front, prepare to ride. Williams

placed first

bike race in

Conner came

in second in

in the 10K

his age group, and

his.



John Wilson Lt. Col. Thomas Frendak in a rare, subdued moment. He was a member of the winning executive shuttle relay team.



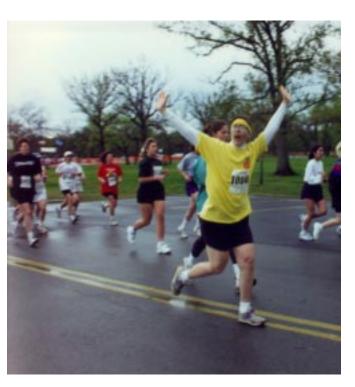
Lori Thomas placed first in her age group in the 10K bike race.



A sign of the times – George Hall keeps up with the outside world while competing.

# John Wilson Steven Thomas, four-year-old son of

John Wilson Steven Thomas, four-year-old son of Dennis and Lori Thomas, joins Bert and Sharon Sherrell to watch some of the events.



One happy participant – Mary Jo Camrud mugs for the camera during the 5K run.



Photos by Janice Orvis unless otherwise noted

Lisa Samilton is bright eyed and ready to compete. She and Loretta Turner headed up the district's participation in this year's Corporate Challenge. In addition, Lisa was also a member of the co-ed shuttle relay team which placed second.



Kim Oldham runs her leg of the second place shuttle relay race. She also took first place in the 60-yard dash.



Frank Palmieri, retiree, warms up. He took first in both the 5K and mile runs, second in the long-distance run, and was a member of the 4-man relay team.



Anna Brown keeps an eye on the competition.



George Hall, far right, passes the baton to teammate, Jim Nelson.

Our Vision: Be the Corps standard in customer care and professionalism.

